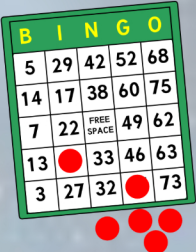
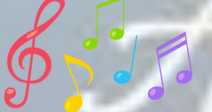
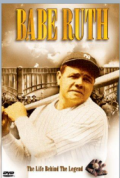
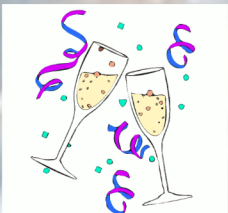


January 2026

Memory Care Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy January Birthday! Doug A. -7th Shirly M. -18th Susan W. -22nd 	BREAKFAST: 7:30 AM-9:00 AM LUNCH: 11:30 AM -1:00PM DINNER : 4:30 PM - 6:00 PM	Salon Open Tuesdays 		New Year's Day 1 9:30 Thanksgiving Church Service / Pastor Ken 10:00 Short Stories/reminiscence 10:00 Smoothies 10:15 Move and Groove Exercise 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:30 UNO 7:00 Movie and Popcorn 	9:30 Move and Groove Exercise 2 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Bingo 2:30 Sing A Long 4:00 Daily Chronicles 6:00 Devotionals 	9:30 Move and Groove Exercise 3 10:00 Smoothies 10:30 Games 1:30 Ladies Manicures 3:00 Expressive Painting 4:00 Daily Chronicles 6:00 Devotionals 
9:30 Move and Groove Exercise 4 10:00 Book Club 10:00 Smoothies 1:00 Rest & Relaxation 1:30 Puzzles/Games 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 	9:30 Move and Groove Exercise 5 10:00 Smoothies 10:30 Book Club 11:15 St. Mary's Catholic Communion 1:30 Lets get baking 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 6:30 Devotionals 	9:30 Move and Groove Exercise 6 10:00 Musical Entertainment/ Kelsey M. 10:30 Book Club 1:00 Rest & Relaxation 1:30 Manicures/Mens 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Let's Talk/ conversation card 6:30 Devotionals/ 23rd Psalm 	9:30 Move and Groove Exercise 7 10:00 Smoothies 10:15 Book Club 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Devotionals 	9:30 Move and Groove Exercise 8 10:00 Smoothies 10:15 Thanksgiving Church Service 10:30 Book Club 1:00 Movie and Popcorn/ Babe Ruth 1:00 Rest & Relaxation 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Finish The Rhyme 	9:30 Move and Groove Exercise 9 10:00 Smoothies 10:30 Book Club 1:00 Rest & Relaxation 1:30 sing along 2:30 Sorting and folding 3:00 Devotionals/ Lords Prayer 3:00 Rig Toss 4:00 Daily Chronicles 6:00 Love on a Leash/ Pet visit 	9:30 Move and Groove Exercise 10 10:00 Smoothies 10:15 Short Story/ A Time in History 1:30 Puzzles/Games 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Expressive Painting 6:30 Devotionals/ 23rd Psalm 
9:30 Move and Groove Exercise 11 10:00 Smoothies 10:15 Sing-A-Long 10:30 Church on TV 1:00 Rest & Relaxation 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 	9:30 Move and Groove Exercise 12 10:00 Smoothies 10:15 Book Club 11:15 St. Mary's Catholic Communion 1:00 Rest & Relaxation 1:30 Puzzle Time/ Match The Pattern 2:30 Snack/ Social 3:00 Small Group activities 4:00 Daily Chronicles 6:00 Bowling	9:30 Move and Groove Exercise 13 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Games/ Ring toss 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Creative Expression Painting 6:30 Devotionals 	9:30 Move and Groove Exercise 14 10:15 Book Club 10:15 Smoothies 1:00 Rest & Relaxation 1:30 Puzzles/Games 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Family Craft Night 7:00 Devotionals	9:30 Thanksgiving Church Service / Pastor Ken 15 10:00 Smoothies 10:30 Book Club 1:00 Rest & Relaxation 1:30 Let's get baking 2:30 Snack/ Social 3:00 Brain teaser 4:00 Daily Chronicles 7:00 Movie and Popcorn 	9:30 Move and Groove Exercise 16 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 2:00 Happy Hour 4:00 Daily Chronicles 6:00 Games/Bowling 6:30 Devotionals/ 23rd Psalm 	9:30 Move and Groove Exercise 17 10:00 Smoothies 10:30 Games 1:00 Rest & Relaxation 1:30 Short Story/ A Time in History 2:30 Snack/ Social 4:00 Daily Chronicles 6:30 Strings and Things/Sorting 7:00 Devotionals
9:30 Move and Groove Exercise 18 9:30 Sing-A-Long 10:00 Smoothies 10:30 Digital Worship Service 1:00 Rest & Relaxation 1:30 Coffee With Friends 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 	Martin Luther King Jr. Day 19 9:30 Move and Groove Exercise 10:00 Smoothies 10:30 Book Club 11:15 St. Mary's Catholic Communion 1:00 Rest & Relaxation 1:30 Movie and Popcorn 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Games/ small groups 6:30 Devotionals/ I Prayer 	9:30 Move and Groove Exercise 20 10:00 Smoothies 10:30 Book Club 1:00 Rest & Relaxation 1:30 Let's get Cooking 2:30 Musical Entertainment/ Marry Link 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Devotionals/ 23rd Psalm 	9:30 Move and Groove Exercise 21 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Short Stories/Reminiscence of the Year 6:30 Devotionals	9:30 Move and Groove Exercise 22 10:00 Smoothies 10:15 Book Club 10:15 Thanksgiving Church Service 1:00 Rest & Relaxation 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Finish The Rhyme 6:30 Devotionals/ 23rd Psalm 	9:30 Move and Groove Exercise 23 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 January/ Birthday Party 4:00 Daily Chronicles 6:00 PO-KE-NO 6:30 Devotionals 	9:30 Move and Groove Exercise 24 10:00 Smoothies 10:30 Games 1:00 Rest & Relaxation 1:30 Manicures/ Ladies 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Sing along 6:30 Devotionals 
9:30 Move and Groove Exercise 25 9:30 Sing-A-Long 10:00 Smoothies 10:30 Digital Worship Service 1:00 Rest & Relaxation 1:30 Manicures/Mens 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 6:30 Devotionals/ 23rd Psalm 	9:30 Move and Groove Exercise 26 10:00 Smoothies 10:15 Book Club 11:15 St. Mary's Catholic Communion 1:00 Rest & Relaxation 1:30 Movie and Popcorn/ Seabiscuit 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Small Groups 	9:30 Move and Groove Exercise 27 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Creative Expression Painting 	9:30 Move and Groove Exercise 28 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Lets Get Crafting 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Current Events/News paper 6:30 Devotionals 	9:30 Move and Groove Exercise 29 10:00 Smoothies 10:15 Book Club 10:15 Thanksgiving Church Service 1:00 Rest & Relaxation 1:30 Sorting and Folding 2:30 Snack/ Social 4:00 Daily Chronicles 6:00 Movie and Popcorn/ Ring of fire	9:30 Move and Groove Exercise 30 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Bean Bag Toss 2:30 Number Bingo 4:00 Daily Chronicles 6:00 Devotionals 	9:30 Move and Groove Exercise 31 10:00 Smoothies 10:15 Book Club 1:00 Rest & Relaxation 1:30 Lets Get Crafting 2:30 Puzzles/Games 2:30 Snack/ Social 3:30 Sing A Long 4:00 Daily Chronicles 5:30 UNO/ Game 6:30 Devotionals

