

June 2019



Richmont Senior Living

Richmont Terrace

Assisted Living

402-291-9800 www.RichmontSeniorLiving.com 620 Fort Crook Rd. S

Sun Mon Tue Wed Thu Fri Sat

ACTIVITY CALENDAR

Red: RSVP in the lobby
Pink: Craft Time
Green: Entertainer
Orange: Church Service
Purple: Baking Fun
Blue: Exercise

AR - 2nd Floor Activity Room
CF - 1st Floor Conference Room
CH - 3rd Floor Chapel
CM - 1st Floor Community Room
CP - 3rd Floor Computer Room
CR - 1st Floor Craft Room
CS - 3rd Floor Coffee Shop

CY - 1st Floor Courtyard
D - 2nd Floor Dining Room
G - 1st Floor Game Room
G3 - 3rd Floor Game Room
L - 3rd Floor Library
LB - 2nd Floor Lobby
MP - 1st Floor Multipurpose Room

** If you are in need of an item from the country store when the store is not open please come find a manager and we will get what you need.**

Salon open every Thursday



1 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Devotions
1:00-(AR) Monopoly
3:00-(CS) Weekly Chronicles & Cookies
4:00-(CH) Sing-A-Long



2 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Sunday Church
1:00-1 on 1's
2:00-(AR) Kings in the Corner
3:00-(CM) BINGO
4:00-(LB) Walking Club

3 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Catholic Service-St. Mary's
1:00-(CM) Chair Massages
2:00-(AR) Hearts



4 9:45-(MP) Rise N Shine Exercise
10:15-11:15 Country Store Open
10:15-(CH) Devotions
1:00-(CF) Musical Entertainment by Bill Chrastil
2:00-(LB) Dog Visit w/ Katie
2:30-(AR) Canasta

5 9:15-(MP) FITNESS Into A Lifestyle
10:15-(CH) Bible Study w/ Judy
1:00-(AR) Manicures
2:00-(AR) Skip-Bo
4:00-(CS) Caramel Corn
4:30-Dinner @ Outback Steakhouse-(\$10+)



6 9 to 11-(AR) Vitals Clinic
9:30-(MP) Chair Yoga w/ Physmed
10:15-(CH) Devotions
1:00-(CY) Flower Planting in the Raised Garden Bed
2:00-(CM) BINGO
3:00-(AR) Baking Club: Baked Pickle Chips
4:00-(LB) Pastimes: Complete the Phrase



8 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Devotions
1:00-(AR) 313 Card Game
3:00-(CS) Weekly Chronicles & Cookies
4:00-(LB) Marine Mammals Trivia

9 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Sunday Church
1:00-1 on 1's
2:00-(AR) Rummy
3:00-(CM) BINGO
4:00-(LB) Walking Club

10 9:30-(MP) Exercise w/ Comper Care
10:15-(CH) Catholic Service-St. Mary's
11:30-Lunch @ Famous Dave's-(\$10+)
2:00-(AR) Hearts

11 9:45-(MP) Rise N Shine Exercise
10:15-11:15 Country Store Open
10:15-(CH) Devotions
1:00-(CF) Musical Entertainment by George & The Juniors
2:00-(G) Billiards
3:00-Zoo Trip-Dessert Dome



12 9:15-(MP) FITNESS Into A Lifestyle
10:15-(CH) Bible Study w/ Judy
1:00-(AR) Manicures
2:00-(AR) Skip-Bo
4:00-(CS) Cheddar Corn



13 9:30-(MP) Chair Yoga w/ Physmed
10:15(CH) Devotions
10:30-Trip to Family Fare
10:30-(CH) St. James Methodist—All Welcome
1:00-(CS) June Monthly Gazette
2:00-(CM) BINGO
3:00-(AR) Craft Club: Hello Summer Door Hanger
4:00-(LB) Family Feud



15 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Devotions
1:00-(G3) Trouble Board Game
2:00-(AR) TRASH Card Game
3:00-(CS) Weekly Chronicles & Cookies
4:00-(LB) Who, What, When?

16 FATHER'S DAY 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Sunday Church
1:00-1 on 1's
2:00-(AR) Donuts for Dad
3:00-(CM) BINGO
4:00-(LB) Walking Club



17 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Catholic Service-St. Mary's
10:30-(CM) Custom Hearing Solutions—Hearing Aide Check
1:00-(CF) Mind, Body, & Soul Presentation: Part 3
2:00-(AR) Hearts

18 9:45-(MP) Rise N Shine Exercise
10:15-11:15 Country Store Open
10:15-(CH) Devotions
1:00-(AR) Yahtzee
2:15-(CH) Encouraging Words w/ Ralph Mehrens
3:00-(AR) Spades

19 9:15-(MP) FITNESS Into A Lifestyle
10:15-(CH) Bible Study w/ Judy
1:00-(AR) Manicures
2:00-(AR) Skip-Bo
3:30-(CF) Veterans Coffee Talk w/ Keynote Speaker Gene Hague
4:00-(CS) Caramel Corn
4:30-Family Cookout



20 9:30-(MP) Chair Yoga w/ Physmed
10:15-(CH) Devotions
1:00-(AR) Dominoes
2:00-(CM) BINGO
3:00-(AR) Baking Club: Ranch Chex Mix
4:00-Mystery Bus Ride

21 1ST DAY OF SUMMER 9:30-(MP) Rise N Shine Exercise
10:15-11:15 Country Store Open
1:00-(CM) Foodies w/ Matt
2:00-(CF) Bible Study w/ Mike
3:00-(CM) Happy Hour



22 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Devotions
1:00-(AR) Rummy Card Game
2:00-(G3) Penny Ante
3:00-(CS) Weekly Chronicles & Cookies
4:00-(LB) Finishing Words

23 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Sunday Church
1:00-1 on 1's
2:00-(AR) UNO
3:00-(CM) BINGO
4:00-(LB) Walking Club

24 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Catholic Service-St. Mary's
1:00-(CS) Shake Loose a Memory
2:00-(AR) Hearts

25 9:45-(MP) Rise N Shine Exercise
10:15-11:15 Country Store Open
10:15-(CH) Devotions
10:30-Trip to Walmart
1:00-(CF) Musical Entertainment by The Links
2:00-(CF) Resident Council
3:00-(CM) Wheelchair/Walker Cleaning
4:00-(AR) Puzzle

26 9:15-(MP) FITNESS Into A Lifestyle
10:15-(CH) Bible Study w/ Judy
1:00-(AR) Manicures
2:00-(AR) Skip-Bo
4:00-(CS) Cheddar Corn



27 9:30-(MP) Chair Yoga w/ Physmed
10:15-(CH) Devotions
1:00-(AR) Dominoes
2:00-(CM) BINGO
3:00-(AR) Craft Club: Bubble Print Butterflies
4:00-(LB) Reminisce 1960s
6:00-(LB) Love on a Leash

28 9:30-(MP) Rise N Shine Exercise w/ Shelll
10:15-11:15 Country Store Open
10:15-(CH) Devotions
11:30-Lunch @ Summer Kitchen-(\$10+)
2:00-(AR) TRASH Card Game
3:00-(CM) Happy Hour

29 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Devotions
1:00-(AR) Crazy 8's
2:00-(CY) Lemonade in the Courtyard
3:00-(CS) Weekly Chronicles & Cookies
4:00-(LB) Gone Fishin' Trivia

30 9:30-(MP) Rise N Shine Exercise
10:15-(CH) Sunday Church
1:00-1 on 1's
2:00-(CM) Bean Bag Toss
3:00-(CM) BINGO
4:00-(LB) Walking Club

Help us Celebrate Our June Birthdays!

Linda A. 6/9
 Ginny P. 6/16
 Cookie L. 6/20

Calendar is Subject to change. All outings are weather permitting.



Meal Time:
Breakfast: 7:30AM-9:00AM
Lunch: 11:30AM-1:00PM
Dinner: 4:45PM-6:00PM

"Life is 10% what happens to you and 90% how you react to it."
-Charles R. Swindoll